

Total Defence Activity Sheet (Secondary)

Name: _____ Class: _____

School: _____

TOGETHER WE KEEP SINGAPORE STRONG!



MILITARY DEFENCE

Military Defence is having a strong and credible Singapore Armed Forces (SAF) that has the support of and commitment from the entire nation!

The SAF is always protecting us 24/7! Show your appreciation and support for military personnel by designing the card below!



Once done, upload your creation onto Padlet! Simply scan the QR code and create a post. Make sure to write your school, name and class!

Thank you for playing your part for Military Defence!

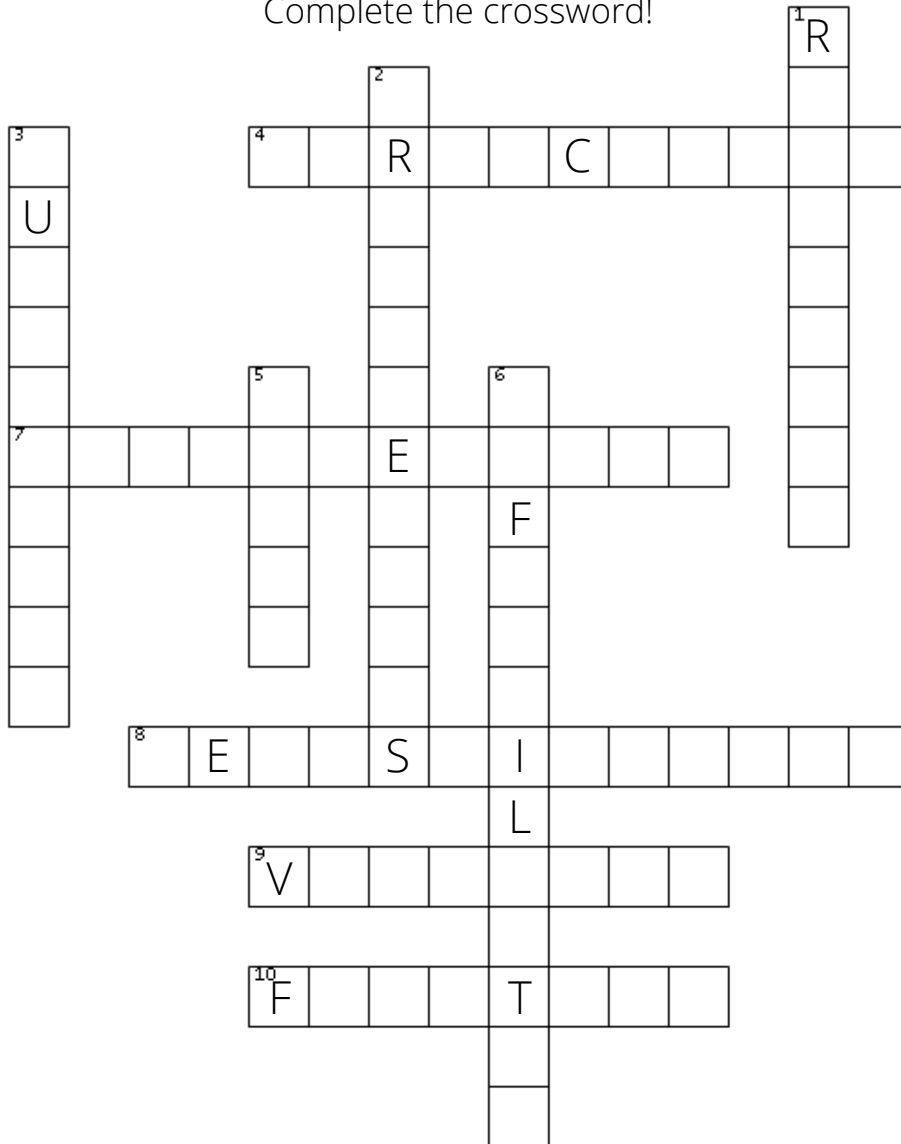


Link:
<https://go.gov.sg/militarydefencepadlet>

CIVIL DEFENCE

Civil Defence is about knowing who to call, where to go, and what to do in an emergency or crisis, so that life return to normalcy as soon as possible.

Complete the crossword!



DOWN

1. Limiting the amount of food/water that each person is allowed to have
2. Use our emergency _____ skills
3. Look out for _____ behaviour
5. Donate _____
6. Automated external _____ (AED)

ACROSS

4. To take part in or become involved in an activity, something we must all do
7. Singapore _____ Force (SCDF)
8. Cardiopulmonary _____ (CPR)
9. We must be _____ against threats
10. Basic medical treatment, a life-saving skill

ECONOMIC DEFENCE

Economic Defence is about strengthening the competitiveness and attractiveness of Singapore's economy while using resources sustainably so we remain special and relevant to the world.

How well do you know your classmates? In the next 15 minutes, mingle around and find classmates that have completed actions listed below. Write their name in the box, and be prepared to share about it in class!

Sought career guidance	Learnt a new skill this year	Saved for a rainy day	Recycled before
Persevered through tough times	Grown their own food	Used MySkillsFuture portal	Owens a metal straw
Is innovative	Upcycled before	Turned off the lights when it's not in use	Chose/ate local produce
Supported a local company	Used own container to takeaway food	Encouraged a friend to save resources	

Above are some ways we can put Economic Defence into action in our everyday lives. Which box is the most important to you, and why? What is one action that you would like to try?

SOCIAL DEFENCE

Social Defence is about building a cohesive and caring society with people who embrace diversity and live in harmony with one another

Choose your own adventure, and take your time to try out all the different options!

Scan the QR code and input the password to start playing!



Link: go.gov.sg/tdadventure

Password: TD2022Adventure

How could you apply Social Defence in your life? Write 2 actions you can take.

Describe your most recent experience where you observed someone putting SD in action.

If you liked the game above, check out the Total Defence Interactive Video which will be available from 11 February 2022 on the Total Defence Website at www.totaldefence.sg under "All Resources".

DIGITAL DEFENCE

Digital Defence requires every individual to step up as the first line of defence against threats from the digital domain.

Are you good at spotting fake news? Try out the activities below!

straighttimes.com

No more dining at Bishan Junction8 foodcourt till 13/12 because diners COMPLETELY FLOUTED Covid-19 rules



Is this true, or fake news?
Why?

straitstimes.com

'I actually thought I was going to die':
Man who was attacked by otters at Botanic Gardens



PHOTOS: GRAHAM GEORGE SPENCER
Dominic Low and Nadine Chua

Is this true, or fake news?
Why?

DIGITAL DEFENCE

It's your turn to get creative! Pick 2 articles from The Straits Times, and create your own fake headline! Write both the original headline, and the fake one you've created down, and let your friends guess which is real!

Remember, the key is in the little details!

Article #1

Headline 1: _____

Headline 2: _____

Article #2

Headline 1: _____

Headline 2: _____

Fake news is essentially any news or story that is created to deliberately misinform or deceive readers and viewers. Before you share a piece of news, think about whether what you're sharing is credible, using the S.U.R.E framework.

SOURCE: Where did the content originate from? How credible is the publisher?

UNDERSTAND: Search for clarity in what you're reading. Does the article make sense? Does it trigger strong emotions?

RESEARCH: Go beyond the initial source. Real information can often be taken out of context.

EVALUATE: Look at the story from various angles. Check your own biases and emotions. Think before you share!

PSYCHOLOGICAL DEFENCE

Psychological Defence is when each Singaporean is proud of our country, willing to stand up to defend what is ours.

Guess the landmark! Fill in the names of the landmarks and its relevant details!



- Nickname: The Durian
- Opened its doors in _____
- It sits entirely on reclaimed land. If you could ever time travel to the 1960s, you would end up in the waters of the Singapore Straits!



- Stands _____m tall, which is about 31 average male giraffes stacked on top of one another!
- From it, you'll be able to see Changi Airport, Sentosa Island, and even parts of Malaysia and Indonesia!



- Originally known as Bukit Larangan, or 'Forbidden Hill' in Malay
- Hilltop was where _____ decided to surrender to the invading Japanese during World War II



- Nickname: The Chopsticks
- Commemorates civilian victims of the _____ in Singapore
- 4 pillars are symbolic of the shared suffering of Singapore's main ethnic groups as well as those who died and were buried there

PSYCHOLOGICAL DEFENCE

This or that! Circle your choice!

Roti prata	•	Chicken rice
Singapore Zoo	•	Gardens by the Bay
Do the kallang wave	•	Sing NDP songs
Stroll along Orchard Road	•	Cycling at East Coast Park
Watch F1 Grand Prix Singapore	•	Play Luge at Sentosa
Take photos at Merlion Park	•	Take photos with Supertrees
Join New Year Eve's countdown	•	Watch NDP in person

What did your friends choose and why?

If you were the head chef of your own restaurant, what star dish would be on your menu? Pick one iconic Singapore dish and create a dish of your own! Feel free to draw and unleash your talent!

What are some uniquely Singaporean things you are proud of?

What do you think are some of the principles that help Singapore succeed? Why?

TOTAL DEFENCE

Every Singaporean has a part to play through the six pillars of Military, Civil, Economic, Social, Digital and Psychological Defence.

Use your knowledge and understanding of the six pillars and apply them into this question!

One day at school you hear everyone talking about an article which offends multiple races, defames Singapore and threatens that harm will be done to our country. You receive the screenshot of the article from a friend, who believes the news is real.

As a result of this article, there is now disharmony within groups and fear in Singaporeans of the impending threat. No one knows who is behind the article, but the it begins to spread like wildfire, instilling more fear and distrust. However, your gut feeling thinks that it could be fake news, and in actual fact, it is.

What would you do in this situation? Assess the situation from the angles of the six Total Defence pillars.



This activity sheet was developed by Megan Lim.

Megan loves roller coasters and anything thrill-seeking. She also enjoys staying at home bingeing on K-Dramas. Over the years, Total Defence has become very pertinent and important to Megan. She believes that everyone can play a part in TD and wishes to raise more awareness, for Singaporeans to start proactively applying the six pillars into their daily lives and striving their best for Singapore's national security.